

# Which Competitive Soccer Program is Best for You?

## Division 1

### Sonoma County Alliance North

- To provide a top level soccer program "Total Soccer Education" for top soccer players and athletes
- To provide a soccer program for those top players who have a passion for the game and desire playing near year-round soccer
- To provide an opportunity for top players to train in a more challenging and competitive environment
- To provide top level soccer educators to coach and train the players
- To develop players for High School, ODP, ID2, College and Professional Soccer
- To provide a top-level program and teams that can compete in local, state, national and international competitions

## Division 3

### Windsor United Soccer Club

- To provide soccer for the player who wants to be challenged and participate in a more competitive environment, and desires to play more than the Recreational season but less than SCA
- To emphasize competition and player development at the Division 3 level within Cal-North
- To develop players who would like to compete at the High School level or move up to Division 1
- To provide parent coaches with professional trainers
- To promote the development of coaches by providing professional resources that will allow them to improve their tactical and technical knowledge

## SCA North

## Windsor United

*Is a member of ...*

- Windsor Youth Soccer League (WYSL)
- California Youth Soccer Association (CYSA)
- US Club Soccer
- Is the Highest Level of Soccer in Windsor

- Windsor Soccer Youth League (WYSL)
- California Youth Soccer Association (CYSA)
- Is Between Recreational and SCA North level of play

*The player ...*

- Is a top-level athlete and loves soccer.
- May play other sports but has not decided on favorite.
- Wants to be challenged to play at his/her highest level with similar minded-skilled players.
- Wants to be a top High School player and maybe play soccer in College.

- Loves soccer but may be committed to other competitive sports.
- Likes to play competitive sports and developing to become a better athlete.
- Wants more challenging games than currently available in the recreational program and may want to play in High School.
- Is not ready for SCA because of ability and/or commitment.

*How long and when is the season?*

- **U8-U10:** April - November. It is an 8-month program
- **U11-U13:** April - January. It is a 10-month program
- **U14:** April - March. It is a 12-month program
- **U15-U19:** To be combined with SCA Petaluma. May - March. It is an 11-month program

- **U10:** May - November. It is a 7 month program.
  - **U12 - U14:** May - Nov. or Jan. It is a 7 to 9 month program\*
  - **U16-U19:** May - March. It is an 11-month program.\*\*
- \*\* *Length of season depends on whether team participates in State Association Cup Tourney.*

### *How far do I need to travel?*

- **U8-U10:** League is mostly local with a 2-3 trips to one-day events in the East Bay or Sacramento
- **U11-U14:** League is mostly local with a 2-3 trips to one day games in the East Bay or Sacramento. Tournaments are decided by the level of the team. The 3-5 Tournaments are all within Northern California.
- **U15-U19:** These teams are preparing players to be top High School players and future College Players and travel to college showcases and top tournaments. These ages may leave Northern California 1-5 times a year.

- **U10-U19:** League is mostly in Sonoma, Marin and Napa Counties. May have one trip to Mendocino or Humboldt County. Tournaments are decided upon by the coach, parents, and ability level of the team. The typical 3-5 Tournaments are within a maximum of 2-3 hours drive, more often within a one hour drive.

### *How many training sessions do I get and are there any breaks?*

- **U8-U10:** 3 days a week. 3 week break in July
- **U11-U13:** 3 days a week. 2-3 week break in July. 2 weeks off in December
- **U14:** 3 days a week. 2-3 week break in July. 3-4 weeks off in December
- **U15-U19:** 3 days a week. One week off in summer. High School season is off. 3-4 weeks off in December.

- **U10:** 3 days a week.
- **U12-U14:** 3 days a week.
- **U16-U19:** 3 days a week. High School season is off.

### *Who is training and coaching my kids?*

SCA contracts a Director of Coaching who contracts other fulltime soccer professionals to coach the teams. These soccer educators are licensed professionals and are at all the trainings, games and events. When coaching conflicts arise another staff member will always be there. SCA also has a professional GK program that provides SCA goalkeepers training at least once a week with a top goalkeeper professional.

- Windsor United utilizes volunteer coaches.
- Each team has 22 sessions with the Professional SCA trainers.
- Part Time Director of Coaching who works with the trainers and volunteer coaches.

### *How much does it cost?*

- **U8-U10 Player Development Academy:** \$924 for 8 months of Soccer
  - **U11-U13:** \$1482 for 10 months of soccer
  - **U14:** \$1701 for 12 months of soccer
  - **U15-U19:** See SCA Petaluma
- \*\* These are program and registration costs. Expect additional costs for uniforms and team expenses, which will vary per team and per age group.**

- **U10:** \$475 for 7 months of soccer
  - **U12:** \$475 for 7 to 9 months of soccer
  - **U14:** \$475 for 7 to 9 months of soccer
  - **U16:** \$475 for 9 to 11 months of soccer
- \*\* These are program and registration costs. Expect additional costs for uniforms and team expenses, which will vary per team and per age group.**