
WUSC Class 3 – System of Play

WUSC will play the **same** system with every team.

The system is a 1-3-4-3 or a 1-4-3-3 depending on the opponent's line-up.

We rarely change from 3 forwards (wingers). There are specific demands on the players depending on the positions they play.

The WUSC style is aggressive and attacking possession soccer. If we have the ball we try to keep it. We want high ball circulation with sharp passes to correct feet. We train this through repetition passing exercises done at the highest concentration.

We also train possession through small sided possession games. Our concentration is on attacking.

Emphasize individual skills within the team concept.

Use goalkeeper as sweeper

Play high pressure

Switch from 1-4-3-3 to 1-3-4-3 to 1-3-3-4

The WUSC philosophy is to play all who are selected.

- ⦿ For U9/10 we will play 8V8 and take out the position's # 4, 6 and 8.
- ⦿ In ages U9-12 children will have the chance to play and develop at all positions.
- ⦿ From U13-19, we will begin to specialize based on the qualities of the players and the needs of the team.

WUSC will always sacrifice winning to do what is best for developing players. At U16 and above, we will focus more on winning, but still attempt to win within the **WUSC Way of Playing**. In these ages we could use a 1:4:2:3:1 system or 1:4:4:2 system.

Each year the WUSC staff will teach a part of the whole game and build on the year before. Coaches will stay a minimum of 1 and a maximum of 3 years with a team. Much emphasis will be placed on reading the game and tactical insight.

WUSC coaches will sometimes rotate in practice sessions (Club Training) in order for children to learn from many different coaches. The entire WUSC coaching staff will be responsible for ALL players in the club, not just their own teams.

WUSC players will be required to "Train on their Own" and will be given homework assignments on a regular basis. This will be the only way to develop complete players who have "Mastery of the Ball" with both sides of the body.

WUSC Teams are selected based on the following criteria:

Team Formation - 16 - 18 players per team

- 2 goalkeepers
- 4-5 defenders
- 4-5 midfielders
- 5 attackers
- 2 utility players

or more specific to the WUSC System of Play

- 2 goalkeepers (#1)
- 4-5 Left sided players (#5, 8 & 11)
- 4-5 right sided players (#2, 6 & 7)
- 6-8 central players (position # 3, 4, 10 & 9)

Each position will be numbered #1 – #11 and will have specific roles within the 3 main moments of the game. The 3 main moments are:

- ⚽ WE HAVE THE BALL - Ball possession or offense
- ⚽ THEY HAVE THE BALL - Ball possession of the opponent or defense
- ⚽ WE to THEY or THEY to WE - Transition of Offense to Defense and Defense to Offense

Three main moments of the game –

WE (Ball possession)

Questions

1. How do we create chances?
2. How do we score?
3. How can we keep the ball?

THEY (Opponents ball possession)

Questions

1. How do we prevent goals?
2. How can we disturb the opponent's build up?
3. How do we repossess the ball?

WE to THEY or THEY to WE (Transition - the moment in between)

Questions

1. Win the ball, can we take advantage of the opponent being unorganized
2. Lose the ball, get it back fast or prevent the opponent from taking advantage that we are not organized